



# WHAT CAN YOU DO TO HELP NEIGHBORS DESPITE SOCIAL DISTANCING?

## 7 CREATIVE WAYS TO BLESS FAMILIES IMPACTED BY COVID-19...

**1**

### **Emotional**

- Network to get phone numbers and email addresses of neighbors, particularly the elderly
- Reach out proactively via call, text or email to combat possible isolation and loneliness
- Provide contact information for families (particularly Christians) on your street
- Resist fear that's reading to panic – modeling peace and calm in the midst of rising anxiety

**2**

### **Spiritual**

- Call and ask how their family is doing and how they feel about the pandemic – this is an ideal time to have spiritual conversations, so watch for doors to open to share your faith
- Prepare answers to tough questions like “Where’s the meaning in all of this?”, “Where is the Lord in this crisis?” and “Where do I even start with having a conversation with God?”
- Via call, email or text, check to see if you can help with anything and ask for prayer requests
- Email or text with scripture or links to online Bible study tools, devotionals, church, etc.

**3**

### **Educational**

- Tap into trusted sources of COVID-19 information and share the latest, accurate news
- Point neighbors to web sites or articles that provide helpful advice and encouragement

**4**

### **Medical**

- Most churchgoers are not in the health care field, but we all have a medical role to play
- Exercise your responsibility to protect those around you – abide by distancing orders

**5**

### **Financial**

- Shop at neighborhood stores to support small businesses
- Make a bonus online payment to your usual service providers who are now out of work
- Purchase online gift cards for neighbors who are isolated, lost jobs or are ill

**6**

### **Physical**

- Order a meal or groceries from a local establishment and have it delivered to a neighbor
- Donate extra supplies you've purchased to someone on your street you know is struggling

**7**

### **Logistical**

- Pick up over the counter medications on behalf of a senior living nearby
- Run errands for families who are caring for a sick child or parent